

Module 3 - My Media

Essential Question

What are your personal media habits, and how much time do you spend with different forms of media?

Key Vocabulary

habit: a regular behavior or practice

log: a written record of an occurrence over time

HAVE students close their eyes. Tell them you are going to take them on a mental journey through a day in their media lives. For the exercise, tell them to think about their average day using digital media and to respond silently to the questions you are asking.

LEAD students through a typical day. Prompt them to imagine what digital media they use, if any, when they first get out of bed. Do they check to see if they have text messages? Do they watch TV or listen to MP3s in the morning? What do they do with digital media as they are going to school? During the school day, do they use digital media for class or for entertainment? How so? Now ask them to picture what they do after school. Do they use digital media for their homework, to socialize with others, or to gather information? Do they multitask, using two or more forms of digital media at the same time?

On their iPad (in the Notes App) have them list how much technology (cell phone, tablet, computer, television) they use:

- before school
- during school
- before dinner
- after dinner

DEFINE the Key Vocabulary term **habit**.

DIVIDE students into groups of four or five.

HAVE students refer to their own logs to discuss any or all of the following questions (one at time) with their group. Have students report to the entire class on key questions.

ASK

Was anyone surprised by how much media they use? How so?

Was anyone surprised by how little media they use? How so?

What are some of the common activities that people in your group do with digital media?

What are some of the activities that only one person in your group does with digital media?

Do you do more things with digital media in or out of school?

Do you do more things with digital media alone or with other people?

Do you consume (watch, listen, read) more digital media or create more?

REMIND students that each has different media habits and different media lives, and this is okay because every student and every family is different. Take a show of hands about how many students have rules about

how much media they can engage with. If time permits, discuss some of the various rules.

Quiz

True or False

1. All families have the same rules about the amount of time children can spend with digital media.
2. All digital media is harmful.
3. Digital media can never be used in school.